

WHAT'S HAPPENING AT BRIDGE HOUSE IN MARCH 2019

Saturday, **March 9th - 9:00am-2:00pm**- Let's Celebrate the Irish Heritage



Spring Forward **Sunday, March 10th** - (turn your clocks forward—1 hour)



New Spring Hours beginning **Monday, March 11th - 8:00am-5:00pm**

Spring

Friday, March 15th - VISITORS from:



Clubhouse International

Creating Community. Changing the World of Mental Health

Nicholas Patut "President of Clubhouse International Board of Directors"

Joel Corcoran "Executive Director of Clubhouse International"

OUR ACCREDITATION

Faculty members Paula Fisher & Ruth Osterman will be at the Clubhouse

Monday, March 18th and Tuesday, March 19th - 8:00am-5:00pm

Wednesday, March 20th - 10:00am-11:00am - Accreditation Findings

Let's celebrate with a Pizza Party



Saturday, March 23rd—9-2pm—Celebrating Caribbean Heritage

Enjoy a refreshing Virgin Piña Colada & Caribbean delights



What's New in WELLNESS

Every Day @9am - 7-minute Morning Stretch

Tuesdays @11:30am - Wellness Lunch

Friday @1:30pm - Health & Wellness with Sacred Heart Interns