



May 2023 Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>*Cooking Show</p> <p>Healthy Turkey Meat Loaf 2 p.m.</p>	<p>1. <i>Chicken Parmigiana, Salad</i></p>	<p>2. <i>Turkey Meat Loaf, Mashed Potatoes, Carrots</i></p>	<p>3. <i>Pizza w/Salad</i></p> 	<p>4. <i>Wellness Fair 2 p.m.</i></p> <p><i>Ham & Cheese Sandwich</i> <i>Veggie</i></p>	<p>5. <i>Hot Dogs</i> <i>Sauerkraut,</i> <i>French Fries</i></p>	<p>6.</p>
<p>7. *Cooking Show</p> <p>Healthy Chicken Pot Pie 2 p.m.</p>	<p>8. <i>Meatball Grinders, Salad</i></p>	<p>9. <i>Chicken Pot Pie Salad</i></p>	<p>10. <i>Pizza w/Salad</i></p> 	<p>11. <i>Super Duper Weenie</i></p> 	<p>12. <i>Philly Steak w/Cheese Grinders, Side Salad</i></p>	<p>13.</p>
<p>14. *Cooking Show</p> <p>Healthy Grilled Veggies 2 p.m.</p>	<p>15. <i>Pork Fried Rice w/ Egg Roll</i></p>	<p>16. <i>Flank Steak w/ Grilled Veggies</i></p>	<p>17. <i>Pizza w/Salad</i></p> 	<p>18. <i>Employment & Education Celebration</i></p> <p><i>Egg Salad on a Hard Roll, Chips</i></p>	<p>19. <i>Beef Tacos</i> <i>Garden Salad</i></p>	<p>20.</p>
<p>21. *Cooking Show</p> <p>Healthy Breakfast Scrapple 2 p.m.</p>	<p>22. <i>Baked Chicken w/ Coconut Rice, Veggies</i></p>	<p>23. <i>Frittata w/Scrapple</i></p>	<p>24. <i>Pizza w/Salad</i></p> 	<p>25. <i>Family & Friends 3:30 p.m.-6 p.m.</i></p> <p><i>Tuna on a Hard Roll</i> <i>Chips</i></p>	<p>26. <i>Barbeque</i> <i>Hot Dogs</i> <i>Hamburgers</i></p> <p><i>Birthday Celebration!</i></p>	<p>27.</p>
<p>28. *No Cooking Show</p>	<p>29. MEMORIAL DAY 9-2</p> 	<p>30. <i>Grilled Cheese and Ham, Tomato Soup</i></p>	<p>31. <i>Pizza w/Salad</i></p> 			